



CHILI'S NUTRITION

Effective 1/30/24

2,000 calories a day is used for general nutrition advice, but calorie needs vary.

All items are listed **as served**, unless otherwise indicated.

DINING ROOM PORTIONS											
Beverages - Beer Bottle	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Angry Orchard 12 fl oz	190	0	0	0	0	0	20	25	0	20	0
Bud Light 12 fl oz	110	0	0	0	0	0	0	7	0	0	1
Budweiser 12 fl oz	150	0	0	0	0	0	0	11	0	0	1
Coors Light 12 fl oz	100	0	0	0	0	0	10	5	0	0	1
Corona Extra 12 fl oz	150	0	0	0	0	0	15	14	0	0	1
Corona Premier 12 fl oz	90	0	0	0	0	0	0	3	0	0	1
Dos Equis 12 fl oz	130	0	0	0	0	0	0	11	0	3	1
Heineken 00 12 fl oz	70	0	0	0	0	0	5	17	0	4	0
Heineken 12 fl oz	140	0	0	0	0	0	10	11	0	2	3
Michelob Ultra 12 fl oz	100	0	0	0	0	0	0	3	0	0	1
Miller Lite 12 fl oz	100	0	0	0	0	0	0	3	0	0	0
Stone IPA 12 fl oz	200	0	0	0	0	0	30	18	0	0	1
Truly's Strawberry Lemonade	100	0	0	0	0	0	45	3	0	1	0
Beverages - Beer Draft (10, 16, 22 oz)	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bud Light 10 fl oz	90	0	0	0	0	0	0	5	0	0	1
Bud Light 16 fl oz	150	0	0	0	0	0	0	9	0	0	1
Bud Light 22 fl oz	200	0	0	0	0	0	0	12	0	0	2
Blue Moon 10 fl oz	140	0	0	0	0	0	15	12	0	9	2
Blue Moon 16 fl oz	220	0	0	0	0	0	20	19	0	14	3
Blue Moon 22 fl oz	310	0	0	0	0	0	30	26	0	20	3
Coors Light 10 fl oz	90	0	0	0	0	0	10	4	0	0	1
Coors Light 16 fl oz	140	0	0	0	0	0	15	7	0	0	1
Coors Light 22 fl oz	190	0	0	0	0	0	20	9	0	0	2
Craft Beer 3-5 % ABV 10 fl oz	110	0	0	0	0	0	0	11	0	0	0
Craft Beer 3-5 % ABV 16 fl oz	180	0	0	0	0	0	0	17	0	0	0
Craft Beer 3-5 % ABV 22 fl oz	240	0	0	0	0	0	0	24	0	0	0
Craft Beer 6-8 % ABV 10 fl oz	190	0	0	0	0	0	0	17	0	0	0
Craft Beer 6-8 % ABV 16 fl oz	300	0	0	0	0	0	0	27	0	0	0
Craft Beer 6-8 % ABV 22 fl oz	410	0	0	0	0	0	0	37	0	0	0
Dos Equis 10 fl oz	110	0	0	0	0	0	0	9	0	3	1
Dos Equis 16 fl oz	170	0	0	0	0	0	0	15	0	4	1
Dos Equis 22 fl oz	240	0	0	0	0	0	0	20	0	6	2
Michelob Ultra 10 fl oz	80	0	0	0	0	0	0	2	0	0	1
Michelob Ultra 16 fl oz	130	0	0	0	0	0	0	3	0	0	1
Michelob Ultra 22 fl oz	170	0	0	0	0	0	0	5	0	0	1
Miller Lite 10 fl oz	80	0	0	0	0	0	0	3	0	0	0
Miller Lite 16 fl oz	130	0	0	0	0	0	5	4	0	0	0
Miller Lite 22 fl oz	180	0	0	0	0	0	10	6	0	0	0
Modelo Especial 10 fl oz	120	0	0	0	0	0	15	11	0	0	1
Modelo Especial 16 fl oz	190	0	0	0	0	0	25	18	0	0	1
Modelo Especial 22 fl oz	260	0	0	0	0	0	35	25	0	0	2
Stella Artois 10 fl oz	130	0	0	0	0	0	0	10	0	0	0
Stella Artois 16 fl oz	200	0	0	0	0	0	0	16	0	0	0
Beverages - Beer Draft (10, 16, 22 oz)	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Stella Artois 22 fl oz	280	0	0	0	0	0	0	21	0	0	0
Sam Adams Boston Lager 10 fl oz	140	0	0	0	0	0	15	14	1	1	2
Sam Adams Boston Lager 16 fl oz	230	0	0	0	0	0	25	23	1	1	3
Sam Adams Boston Lager 22 fl oz	310	0	0	0	0	0	35	31	2	2	4
Sam Adams Cold Snap 10 fl oz	140	0	0	0	0	0	15	12	1	0	2
Sam Adams Cold Snap 16 fl oz	230	0	0	0	0	0	25	19	1	0	3
Sam Adams Cold Snap 22 fl oz	310	0	0	0	0	0	35	26	2	0	4
Sam Adams Octoberfest 10 fl oz	160	0	0	0	0	0	15	16	1	0	2
Sam Adams Octoberfest 16 fl oz	250	0	0	0	0	0	25	25	1	0	3
Sam Adams Octoberfest 22 fl oz	350	0	0	0	0	0	35	35	2	0	4
Sam Adams Summer Ale 10 fl oz	140	0	0	0	0	0	15	12	1	0	2
Sam Adams Summer Ale 16 fl oz	230	0	0	0	0	0	25	19	1	0	3
Sam Adams Summer Ale 22 fl oz	310	0	0	0	0	0	35	26	2	0	4
Sam Adams Winter Lager 10 fl oz	160	0	0	0	0	0	25	15	1	0	2
Sam Adams Winter Lager 16 fl oz	250	0	0	0	0	0	40	24	1	0	3
Sam Adams Winter Lager 22 fl oz	350	0	0	0	0	0	55	33	2	0	4
Beverages - Cocktails	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Tito's Bloody Mary or Maria	140	10	1.5	0	0	0	2160	12	2	7	2
Captain's Castaway	240	0	0	0	0	0	0	49	0	46	0
Casamigos Old Fashioned	160	0	0	0	0	0	0	8	0	7	0
Maker's Mark Old Fashioned	160	0	0	0	0	0	0	8	0	7	0
Premium Long Island Iced Tea	290	0	0	0	0	0	0	32	0	28	0
House-Made Sangria	210	0	0	0	0	0	10	28	1	25	1
Deep Eddy Strawberry Texas Lemonade	270	0	0	0	0	0	5	33	0	30	0
Tito's Punch	320	0	0	0	0	0	10	53	0	50	0

Beverages - Margaritas Specialty	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Casamigos Rita	240	0	0	0	0	0	880	29	0	27	0
Frozen Sangria Rita	240	0	0	0	0	0	10	35	0	31	0
Grand Coconut Margarita	360	0	0	0	0	0	0	64	0	61	0
Henny Rita	320	0	0	0	0	0	1160	45	0	40	0
Skinny Rita	200	0	0	0	0	0	530	28	0	25	0
Tiki Beach Party Rita	310	0	0	0	0	0	0	48	0	44	0
El Nino Margarita	330	0	0	0	0	0	1160	34	0	29	0
House Mar-Go-Rita Frozen Classic	320	0	0	0	0	0	770	48	0	43	0
House Mar-Go-Rita Frozen Mango	400	0	0	0	0	0	10	71	0	65	0
House Mar-Go-Rita Frozen Strawberry	340	0	0	0	0	0	10	57	1	51	0
House Mar-Go-Rita Classic	190	0	0	0	0	0	660	24	0	21	0
House Mar-Go-Rita Mango	340	0	0	0	0	0	0	60	0	57	0
House Mar-Go-Rita Strawberry	230	0	0	0	0	0	0	33	1	30	0
Patron Margarita	300	0	0	0	0	0	1160	43	0	38	0
Patron Margarita - Blackberry	320	0	0	0	0	0	0	44	0	41	0
Patron Margarita - Mango	410	0	0	0	0	0	0	70	0	64	0
Patron Margarita - Strawberry	330	0	0	0	0	0	0	52	0	47	0
Patron Margarita - Wildberry	350	0	0	0	0	0	0	54	0	50	0
Presidente Margarita	240	0	0	0	0	0	1020	24	0	20	0
Presidente Margarita - Mango	350	0	0	0	0	0	0	50	0	46	0
Presidente Margarita - Strawberry	270	0	0	0	0	0	0	33	1	28	0
Beverages - Wine	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Red Wine 6 fl oz	150	0	0	0	0	0	5	5	0	1	0
Red Wine 9 fl oz	220	0	0	0	0	0	10	7	0	2	0
Blush Wine 6 fl oz	170	0	0	0	0	0	25	10	0	10	0
Blush Wine 9 fl oz	250	0	0	0	0	0	35	16	0	16	1
White Wine 6 fl oz	140	0	0	0	0	0	10	4	0	2	0
White Wine 9 fl oz	210	0	0	0	0	0	15	7	0	2	0
Coca-Cola	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	110	0	0	0	0	0	35	30	0	30	0
Kid Cup*	100	0	0	0	0	0	30	27	0	27	0
Togo Cup*	190	0	0	0	0	0	65	53	0	53	0
Coca-Cola Zero	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	0	0	0	0	0	0	30	0	0	0	0
Kid Cup*	0	0	0	0	0	0	25	0	0	0	0
Togo Cup*	0	0	0	0	0	0	55	0	0	0	0
Diet Coke	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	0	0	0	0	0	0	30	0	0	0	0
Kid Cup*	0	0	0	0	0	0	25	0	0	0	0
Togo Cup*	0	0	0	0	0	0	55	0	0	0	0
Dr. Pepper	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	110	0	0	0	0	0	45	30	0	29	0
Kid Cup*	100	0	0	0	0	0	40	26	0	26	0
Togo Cup*	200	0	0	0	0	0	80	53	0	51	0
Lemonade	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Minute Maid Regular Cup*	110	0	0	0	0	0	35	31	0	29	0
Minute Maid Kid Cup*	100	0	0	0	0	0	35	27	0	26	0
Minute Maid Togo Cup*	200	0	0	0	0	0	65	55	0	52	0
Strawberry Regular Cup*	130	0	0	0	0	0	30	36	1	34	0
Strawberry Kid Cup*	120	0	0	0	0	0	30	32	1	30	0
Strawberry Togo Cup*	240	0	0	0	0	0	55	65	1	61	0
Wildberry Regular Cup*	180	0	0	0	0	0	40	48	0	46	0
Wildberry Togo Cup*	260	0	0	0	0	0	70	72	0	69	0
Sprite	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Regular Cup*	120	0	0	0	0	0	25	30	0	27	0
Kid Cup*	110	0	0	0	0	0	25	27	0	24	0
Togo Cup*	210	0	0	0	0	0	50	54	0	47	0
Arnold Palmer	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Original Regular Cup*	60	0	0	0	0	0	20	16	0	15	0
Original Togo Cup*	100	0	0	0	0	0	40	28	0	26	0
Strawberry Regular Cup*	70	0	0	0	0	0	20	19	0	17	0
Strawberry Togo Cup	120	0	0	0	0	0	35	33	1	30	0
Mango Regular Cup*	80	0	0	0	0	0	20	23	0	21	0
Mango Togo Cup*	150	0	0	0	0	0	40	41	0	38	0
Ice Tea	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Blackberry Regular Cup*	80	0	0	0	0	0	10	19	0	18	0
Blackberry Togo Cup*	80	0	0	0	0	0	15	19	0	18	0
Mango Regular Cup*	80	0	0	0	0	0	10	20	0	18	0
Mango Togo Cup*	80	0	0	0	0	0	15	20	0	18	0
Sweet Tea Togo Cup*	200	0	0	0	0	0	15	52	0	50	0
Unsweetened Tea Regular Cup*	5	0	0	0	0	0	10	1	0	0	0
Unsweetened Tea Togo Cup*	5	0	0	0	0	0	15	1	0	0	0
Miscellaneous Beverages	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Chili's Premium Blend Coffee	0	0	0	0	0	0	0	0	0	0	0
Dasani Water	0	0	0	0	0	0	0	0	0	0	0
IBC® Rootbeer Bottle	160	0	0	0	0	0	60	41	0	41	0
Kids - Blue Lagoon	120	0	0	0	0	0	25	31	0	28	0
2% Chocolate Milk - Kids	290	60	7	4.5	0	30	250	45	3	36	11
2% Milk - Kids	180	70	7	4.5	0	30	170	18	0	18	12
Cranberry Juice Togo Cup/8 fl oz	120	0	0	0	0	0	35	30	0	30	0
Orange Juice Togo Cup/8 fl oz	110	0	0	0	0	0	10	27	0	24	2

Miscellaneous Beverages	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Pineapple Juice Togo Cup/8 fl oz	130	5	0	0	0	0	0	30	0	28	1
TX Size Baby Back Ribs w/o Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Dry Rub - Full Rack	1480	970	107	41	0	410	5120	30	3	24	99
Dry Rub - Half Rack	780	490	54	20	0	205	2960	23	2	19	50
Honey-Chipotle BBQ - Full Rack	1520	950	106	41	0	410	1800	47	0	34	98
Honey-Chipotle BBQ - Half Rack	760	480	53	20	0	205	900	23	0	17	49
House BBQ - Full Rack	1440	960	107	41	0	410	2180	21	1	19	99
House BBQ - Half Rack	720	480	53	20	0	205	1090	11	1	9	49
Big Mouth Burgers w/o Side Fries	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Alex's Santa Fe Burger	920	550	61	23	2.5	135	1110	49	6	11	49
Double Bacon Rancher Burger	1710	1110	123	50	6	305	2640	48	3	14	100
BBQ Brisket Burger	1130	670	74	30	2.5	195	2000	52	3	18	64
Big Mouth® Bites	1290	720	80	28	2.5	190	2670	77	5	20	65
Just Bacon Burger	1010	620	69	26	2.5	155	1310	46	3	12	53
Mushroom Swiss Burger	990	610	68	25	3	140	1000	47	4	12	50
Oldtimer® with Cheese Burger	840	470	53	22	2.5	130	1200	45	4	11	48
Secret Sauce Burger	970	580	65	24	3	135	1180	50	3	17	46
Substitutes & Add-Ons	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Classic Beef Patty	470	330	37	16	2.5	110	330	0	0	0	36
Black Bean Patty	180	50	6	1	0	0	450	26	9	3	15
Add Avocado Slices	80	70	7	1	0	0	0	4	3	0	1
Add Applewood Smoked Bacon	70	50	6	2	0	15	210	0	0	0	5
Add Sauteed Mushrooms	60	40	4.5	1.5	0	0	150	3	1	1	1
Add The Original Chili	70	30	3.5	1.5	0	10	440	4	0	1	4
Hand-Battered Chicken Crispers w/o sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Add Side Fries	420	150	17	2.5	0	0	660	60	5	0	6
Add Side White Cheddar Mac & Cheese	270	150	16	8	0	35	850	22	1	0	10
Honey Chipotle Crispy Crisps 4 ct	1060	460	51	9	0	95	3660	108	3	52	45
Honey Chipotle Crispy Crisps 5 ct	1260	570	64	11	0	115	4330	118	3	53	57
Honey Chipotle Crispy Crisps 6 ct	1460	690	77	13	0	140	4990	127	4	53	68
Nashville Hot Crispy Crisps 4 ct	1370	940	104	18	1	95	5190	59	2	7	50
Nashville Hot Crispy Crisps 5 ct	1570	1050	117	20	1	120	5850	68	3	8	61
Nashville Hot Crispy Crisps 6 ct	1770	1170	130	22	1	145	6520	78	3	8	73
Crispy Crisps 4 ct	790	460	51	9	0	95	2650	38	2	1	45
Crispy Crisps 5 ct	990	570	64	11	0	115	3320	47	3	1	57
Crispy Crisps 6 ct	1190	690	76	13	0	140	3980	57	3	1	68
Side Buffalo 1.5 oz	35	25	3	0	0	0	1380	2	0	1	0
Side Buffalo Ranch 1.5 oz	180	170	19	3	0	15	570	2	0	1	1
Side Honey Mustard 1.5 oz	200	160	18	3	0	20	330	10	0	10	1
Side House BBQ 1.5 oz	80	10	1	0	0	0	790	16	1	14	1
Side Ranch 1.5 oz	170	160	18	3	0	15	290	2	0	2	1
Side Sweet Chili Zing 1.5 oz	120	0	0	0	0	0	930	28	1	26	1
Sizzling Fajitas w/o Toppings or Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Grilled Chicken	470	160	18	4	0	210	2090	22	3	10	58
Grilled Steak	580	260	29	8	1	165	2200	25	3	11	57
Shrimp	310	130	15	3.5	0	240	2640	21	3	10	25
Fajita Trio	590	230	25	7	0.5	305	2950	24	3	11	69
Sizzling Fajitas Mix & Match Choose 2	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fajita Peppers & Onions	180	100	11	2.5	0	0	1020	20	3	9	3
Grilled Steak (1 portion)	200	80	9	3	0	80	590	2	0	1	27
Grilled Chicken (1 portion)	150	30	3.5	1	0	105	530	1	0	0	28
Seared Shrimp (1 portion)	60	20	2	0	0	120	810	1	0	0	11
All Fajitas Include	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fajita Toppings	250	180	20	12	0	65	490	4	0	2	14
Add Guacamole	50	40	4.5	0.5	0	0	95	3	2	0	1
Add Jalapeno-Cheddar Sausage	250	190	21	9	0.5	65	890	3	1	0	14
Flour Tortillas (4 each)	360	90	10	4.5	0	0	430	58	4	4	9
Corn Tortillas (4 each)	250	25	2.5	0.5	0	0	0	51	5	1	5
Side Rice	160	40	4.5	1	0	0	480	27	1	1	3
Side Beans	120	10	1	0	0	0	710	20	6	2	7
Starters As Served	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bottomless Chips & Salsa	910	410	45	7	0	0	1920	113	8	5	13
Classic Nachos	1120	680	75	40	0	200	2850	56	6	8	54
Classic Nachos - Chicken	1320	740	82	42	0	310	2850	56	6	8	91
Dip Trio - Chips & Choose 3 Dips	880	400	45	7	0	0	810	107	7	1	12
Skillet Queso	220	140	16	9	0	40	1320	8	1	4	11
White Queso	290	210	23	12	1	45	740	8	0	4	11
Fresh Salsa	30	0	0	0	0	0	1110	7	2	4	1
Fresh Guacamole	120	90	10	1.5	0	0	220	7	5	1	2
House-Made Ranch	450	420	47	8	0.5	40	790	5	0	4	3
Fresh Guacamole & Chips	1140	590	66	10	0	0	2350	128	18	7	16
Fried Mozzarella - Full Portion	1790	980	109	53	2.5	205	5260	108	10	10	95
Fried Mozzarella - Half Portion	920	500	55	27	1	105	2950	59	6	8	48
Quesadilla Bacon Ranch Chicken	1670	1130	125	40	1.5	245	2950	69	4	10	70
Quesadilla Brisket	1670	1150	129	44	1.5	195	2920	76	4	17	54
Skillet Queso & Chips	1340	690	77	26	0	80	4560	129	10	13	35
Southwestern Eggrolls	800	370	41	10	0	50	2170	82	8	9	28
White Skillet Queso & Chips	1450	810	89	29	1.5	85	3310	128	9	12	34
Triple Dipper - Choose 3	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
TD™ Big Mouth® Bites	810	520	58	17	1.5	110	1630	40	2	12	34
TD™ Boneless Wings - Buffalo	630	430	48	8	0	60	2420	27	2	1	23

Triple Dipper - Choose 3	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
TD™ Boneless Wings - Honey-Chipotle	660	330	36	6	0	65	1570	62	2	27	23
TD™ Boneless Wings - House BBQ	600	330	37	6	0	65	1860	43	2	16	24
TD™ Wings - Buffalo	580	430	47	8	0.5	170	2210	3	1	1	37
TD™ Wings - Honey-Chipotle	610	320	36	6	0	170	1360	37	0	27	37
TD™ Wings - House BBQ	550	330	37	6	0	170	1650	18	1	16	38
TD™ Crispy Chicken Crispers® w/o Sauce	590	340	38	7	0	70	1990	28	2	1	34
TD™ Nashville Hot Chicken Crispers®	1050	740	83	14	0.5	85	3550	41	2	6	37
TD™ Fried Mozzarella	630	340	37	18	1	70	2180	42	4	8	33
TD™ Honey-Chipotle Chicken Crispers	900	500	56	10	0	85	2790	66	2	28	35
TD™ Southwestern Eggrolls	580	290	32	8	0	35	1530	55	6	6	19
TX Cheese Fries - Full Order	1800	1100	122	51	0	270	4130	99	8	4	77
TX Cheese Fries w/Chili - Full Order	2000	1200	133	55	0.5	305	5440	111	8	7	90
Chili's Wings 8 ct w/o Sauce	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bone-In Wings Plain (8 ct)	610	320	36	6	0	310	1130	0	0	0	72
Bone-In Wings Lemon Pepper (8 ct)	740	450	50	9	0.5	310	1820	1	0	0	72
Boneless Wings Plain (8 ct)	540	260	28	5	0	75	1200	38	2	0	34
Boneless Wings Lemon Pepper (8 ct)	670	380	43	8	0	75	1900	40	2	0	34
Served with Choice of 2 Sauces & 2 Ranch	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Buffalo Sauce 1.5 oz	35	25	3	0	0	0	1380	2	0	1	0
Garlic Parmesan Sauce 1.5 oz	130	110	12	2	0	5	660	4	1	1	2
Honey Chipotle Sauce 1.5 oz	140	0	0	0	0	0	500	35	0	26	0
Honey Sriracha 1.5 oz	120	0	0	0	0	0	780	31	0	25	0
Nashville Hot 1.5 oz	290	240	27	4.5	0	0	1270	11	0	3	2
House BBQ Sauce 1.5 oz	80	10	1	0	0	0	790	16	1	14	1
Mango Habanero Sauce 1.5 oz	60	0	0	0	0	0	590	13	1	11	0
Ranch 1.5 oz	170	160	18	3	0	15	290	2	0	2	1
Santa Fe Sauce 1.5 oz	210	AI	22	3.5	0	15	530	2	0	2	1
Sweet Chili Zing Sauce 1.5 oz	120	0	0	0	0	0	930	28	1	26	1
Chili's Wings 12 or 16 ct w/o Sauce	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bone-In Wings Lemon Pepper (12 ct)	1110	670	75	13	1	470	2730	2	0	1	108
Bone-In Wings Lemon Pepper (16 ct)	1480	900	100	18	1.5	625	3640	3	0	1	144
Bone-In Wings Plain (12 ct)	910	480	54	9	0	470	1690	0	0	0	107
Bone-In Wings Plain (16 ct)	1220	650	72	13	0	625	2250	0	0	0	143
Boneless Wings Lemon Pepper (12 ct)	1010	570	64	11	0.5	115	2840	59	4	1	51
Boneless Wings Lemon Pepper (16 ct)	1350	760	85	15	1	150	3790	79	5	1	67
Boneless Wings Plain (12 ct)	820	380	43	7	0	115	1810	57	3	0	50
Boneless Wings Plain (16 ct)	1090	510	57	10	0	150	2410	76	4	0	67
Served with Choice of 2 Sauces & 1 Ranch	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Buffalo Sauce 3 oz	70	50	6	0.5	0	0	2770	3	1	1	0
Garlic Parmesan Sauce 3 oz	260	220	24	4.5	0	5	1310	7	1	2	3
Honey Chipotle Sauce 3 oz	270	0	0	0	0	0	1010	70	1	51	0
Honey Sriracha 3 oz	240	0	0	0	0	0	1550	62	1	50	1
Nashville Hot 3 oz	580	480	54	9	1	5	2540	21	0	6	5
House BBQ Sauce 3 oz	150	20	2	0	0	0	1580	32	2	28	2
Mango Habanero Sauce 3 oz	120	5	0	0	0	0	1180	27	1	23	1
Ranch 3 oz	420	400	45	7	0	30	1070	5	1	3	1
Santa Fe Sauce 3 oz	340	320	35	6	0.5	30	590	4	0	3	2
Sweet Chili Zing Sauce 3 oz	230	5	0	0	0	0	1860	57	1	51	1
Bar Shots & Drinks	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Cuervo Perfecta	230	0	0	0	0	0	0	30	0	28	0
Green Tea Shot	120	0	0	0	0	0	5	16	0	15	0
Lemon Drop Shot	110	0	0	0	0	0	0	11	0	10	0
Mexican Candy Shot	60	0	0	0	0	0	750	5	0	4	0
Ranch Water	100	0	0	0	0	0	0	2	0	1	0
Ranch Water Wildberry	200	0	0	0	0	0	0	25	0	24	0
Blackberry Blitz	300	0	0	0	0	0	0	49	0	46	0
Iceberg Modelo	230	0	0	0	0	0	25	28	0	12	1
Lucky Jameson	200	0	0	0	0	0	760	25	0	22	0
Tequila Trifecta	230	0	0	0	0	0	0	32	0	29	0
Kids Entrees	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Burger Bites	410	180	20	8	1	55	580	35	2	8	23
Cheese Quesadilla	460	270	30	13	0	55	750	29	1	1	17
Cheeseburger Bites	450	200	23	10	1	65	720	35	2	8	25
Cheesy Chicken Pasta	680	300	34	16	0.5	130	1990	47	3	2	46
Chicken Bites	320	70	8	2.5	0	65	770	35	2	8	27
Crispy Crispers	570	390	43	7	0	60	1620	21	1	2	24
Grilled Chicken Dippers	280	190	21	4	0	80	770	3	0	2	22
Kraft Macaroni & Cheese	310	80	9	2.5	0	15	830	44	2	10	11
Pizza - Cheese	500	300	33	14	1	45	760	34	2	3	17
Pizza - Pepperoni	510	310	35	13	1	45	910	34	2	3	16
Kids Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Side Corn on the Cob	140	10	1.5	0	0	0	0	29	3	11	4
Side Homestyle Fries	210	80	8	1.5	0	0	330	30	2	0	3
Side Mandarin Oranges	80	0	0	0	0	0	10	20	1	20	1
Side Mashed Potatoes	130	60	6	1.5	0	0	270	16	1	1	2
Side Salad with Ranch	230	190	21	4.5	0	20	430	8	1	3	4
Side Steamed Broccoli	40	5	0	0	0	0	45	8	4	2	3
Guiltless Grill As Served	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
10 oz Sirloin with Grilled Avocado	510	230	26	7	1	140	1310	13	6	3	60
6 oz Sirloin with Grilled Avocado	360	170	18	4.5	0	90	1010	12	6	3	39
Ancho Salmon	630	280	32	6	0	100	1810	41	5	3	48

Guiltless Grill <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Margarita Grilled Chicken	630	150	16	3	0	160	2280	68	7	9	52
Santa Fe Chicken Salad	550	350	39	7	0	90	650	24	7	6	30
Lunch Combos (LC) <i>w/o</i> Fries or Chips	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Boneless Wings w/Honey Chipotle Sauce	730	360	40	7	0	75	1730	67	2	27	27
Boneless Wings w/House BBQ	670	370	41	7	0	75	2010	48	3	16	28
Boneless Wings w/Bufalo Sauce	620	380	42	7	0	75	2610	33	2	2	27
Chipotle Chicken Fresh Mex Bowl	880	390	43	11	0	105	1640	82	6	9	41
Lunch Double Burger	800	440	49	21	2.5	145	2030	45	3	11	44
Half Bacon Ranch Chicken Quesadilla	900	630	70	21	1	125	1550	34	2	4	35
Half Bacon Avocado Chicken Sandwich	620	310	34	9	0	140	1130	37	4	8	42
Homestyle Fries (LC)	210	80	8	1.5	0	0	330	30	2	0	3
Tostada Chips with Salsa (LC)	910	410	45	7	0	0	1920	113	8	5	13
Salads + Bowls <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Add Ancho Salmon	370	190	21	3.5	0	95	880	4	0	1	41
Add Shrimp	60	20	2	0	0	120	810	1	0	0	11
Caesar Salad (LC)	370	300	33	9	0	50	600	8	1	1	12
Caesar Salad Side	410	310	34	9	0	50	690	13	2	2	13
Chipotle Chicken Fresh Mex Bowl	880	390	43	11	0	105	1640	82	6	9	41
House Salad (LC) <i>w/o</i> Dressing	70	30	3.5	1.5	0	5	140	7	1	2	3
House Salad Side <i>w/o</i> Dressing	140	60	7	3	0	15	280	14	2	4	6
Quesadilla Explosion Salad w/Crispers	1420	890	99	28	0	125	2840	86	7	16	51
Quesadilla Explosion Salad w/Grilled Chicken	1160	700	78	24	0	155	1510	67	6	16	53
Santa Fe Chicken Salad w/Crispers	810	540	60	10	0	65	1980	43	8	7	28
Santa Fe Chicken Salad w/Grilled Chicken	550	350	39	7	0	90	650	24	7	6	30
Salad Dressings	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Avocado Ranch 1.5 oz	140	130	14	2.5	0	10	240	3	1	1	1
Bleu Cheese 1.5 oz	250	240	27	5	0	15	260	1	0	1	1
Caesar 1.5 oz	220	210	23	4	0	25	250	2	0	1	2
Citrus Balsamic Vinaigrette 1.5 oz	250	230	25	4	0	0	230	5	0	5	0
Honey Mustard 1.5 oz	200	160	18	3	0	20	330	10	0	10	1
Ranch 1.5 oz	170	160	18	3	0	15	290	2	0	2	1
Santa Fe 1.5 oz	210	200	22	3.5	0	15	530	2	0	2	1
Thousand Island 1.5 oz	200	180	19	3	0	20	370	6	0	6	0
Handhelds <i>w/o</i> Fries	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bacon Avocado Chicken Sandwich	1150	560	62	15	0.5	260	2230	75	8	15	78
Buffalo Chicken Ranch Sandwich	980	460	51	9	0	110	4290	84	6	13	46
Big Mouth Crispy Chicken Sandwich	1040	510	56	10	0	110	2530	90	6	20	45
Quesadilla Brisket	1670	1150	129	44	1.5	195	2920	76	4	17	54
Quesadilla Chicken Bacon Ranch	1670	1130	125	40	1.5	245	2950	69	4	10	70
Chili's Philly Sandwich	1070	490	54	20	2	175	3790	80	6	20	66
Side Notes <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Asparagus	35	10	1	0	0	0	135	5	3	2	3
Black Beans	120	10	1	0	0	0	710	20	6	2	7
Homestyle Fries	420	150	17	2.5	0	0	660	60	5	0	6
Loaded Mashed Potatoes	350	180	20	6	0	30	820	33	3	3	10
Loaded Mac & Cheese	360	210	23	11	0	60	1120	22	1	1	17
Mashed Potatoes	260	110	13	2.5	0	5	670	33	3	3	4
Mexican Rice	160	40	4.5	1	0	0	480	27	1	1	3
Street Corn	390	250	28	5	0	25	270	30	3	12	6
Steamed Broccoli	40	5	0	0	0	0	250	8	4	2	3
Sweet Corn on the Cob	180	60	6	1	0	0	360	29	3	11	4
Texas Cheese Fries - Half Order	1300	820	91	38	0	195	2720	67	5	3	53
White Cheddar Mac & Cheese	270	150	16	8	0	35	850	22	1	0	10
Perfect Pastas	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Cajun Pasta w/ Grilled Chicken	1280	560	63	27	1	200	3820	111	8	6	70
Cajun Pasta w/Shrimp	1170	520	57	25	1	215	3690	109	8	5	54
Ultimate Cajun Pasta	1310	550	62	26	1	285	3690	109	8	5	78
Smokehouse Combos <i>Choose 2 or 3</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Bacon Ranch Chicken Quesadilla	730	470	52	17	0.5	110	1260	32	2	3	34
Brisket Quesadilla	730	480	54	20	0.5	85	1240	35	2	6	25
Crispers Crispy <i>w/o</i> Sauce	590	340	38	7	0	70	1990	28	2	1	34
Crispers Honey Chipotle w/ Ranch	900	500	56	10	0	85	2790	66	2	28	35
Crispers Nashville Hot w/Ranch	1050	740	83	14	0.5	85	3550	41	2	6	37
Jalapeno-Cheddar Smoked Sausage	250	190	21	9	0.5	65	890	3	1	0	14
Ribs Dry Rub	780	490	54	20	0	205	2960	23	2	19	50
Ribs Honey-Chipotle BBQ	760	480	53	20	0	205	900	23	0	17	49
Ribs House BBQ	720	480	53	20	0	205	1090	11	1	9	49
All Smokehouse Combos <i>Include</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Garlic Toast	140	60	7	1.5	0	0	380	17	1	1	3
Homestyle Fries	420	150	17	2.5	0	0	660	60	5	0	6
Roasted Street Corn	390	250	28	5	0	25	270	30	3	12	6
Soups & Chili <i>As Served</i>	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Chicken Enchilada - Bowl	410	230	26	9	0	65	1490	24	3	3	20
Chicken Enchilada - Cup	200	120	13	4.5	0	35	750	12	1	2	10
Loaded Baked Potato - Bowl	430	270	30	19	0.5	100	1280	25	2	7	17
Loaded Baked Potato - Cup	220	130	15	9	0	50	640	12	1	4	8
The Original Chili - Bowl	420	220	24	9	0.5	60	1900	26	1	4	22
The Original Chili - Cup	210	110	12	4.5	0	30	950	13	1	2	11
Steaks <i>w/o</i> Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Cilantro-Lime Carne Asada <i>As Served</i>	910	270	30	10	0	90	2460	110	11	8	48
Classic Ribeye	620	350	39	17	2.5	185	1440	0	0	0	67

Steaks w/o Sides	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Classic Sirloin 10 oz	390	160	18	6	1	140	950	2	0	1	54
Classic Sirloin 6 oz	250	110	12	4.5	0	85	630	1	0	0	34
Surf & Turf Ribeye	690	370	41	17	2.5	300	2250	1	0	0	78
Surf & Turf Sirloin 10 oz	450	180	20	7	1	260	1760	3	0	1	66
Add Sautéed Mushrooms	60	40	4.5	1.5	0	0	150	3	1	1	1
Add Seared Shrimp - Full Order	60	20	2	0	0	120	810	1	0	0	11
Add Seared Shrimp - Half Order	30	10	1	0	0	60	400	0	0	0	6
Hey Sweet Stuff As Served	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Cheesecake	720	380	43	23	1.5	210	430	73	1	60	11
Mini Molten Chocolate Cake	670	280	31	14	0	75	700	95	0	65	7
Molten Chocolate Cake	1170	530	59	30	1	135	1030	155	5	109	12
Skillet Chocolate Chip Cookie	1230	470	52	25	0.5	90	1020	174	3	103	13
PARTY PLATTER (PP) PORTIONS - Platters serve approximately 6-8 & sides serve 4-6											
PP Beverages By the Gallon	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Iced Tea	40	0	0	0	0	0	115	11	0	0	0
Iced Tea - Blackberry	820	0	0	0	0	0	105	202	0	188	0
Iced Tea - Mango	840	0	0	0	0	0	105	209	0	192	0
Iced Tea - Sweet	1600	0	0	0	0	0	120	414	0	402	0
Lemonade	1570	0	0	0	0	0	520	439	0	418	0
Lemonade - Strawberry	1910	10	1	0	0	0	460	516	8	487	3
PP Apptizers	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Big Mouth Bites (12 ct)	4310	2580	287	91	8	620	8780	235	14	64	200
Southwestern Eggrolls (12 ct)	3190	1460	163	41	0.5	200	8670	324	32	33	110
Tostada Chips with Salsa	5320	2430	270	44	0	0	7060	653	44	14	72
Add White Queso	540	400	44	22	1.5	85	1390	14	1	7	21
Add Skillet Queso	440	290	32	18	0	80	2640	16	1	8	22
Add Fresh Guacamole	230	190	21	3	0	0	430	14	10	2	3
PP Appetizers - Triple Dipper Listed w/o Dipping Sauce	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
TD™ Big Mouth Bites (6 ct)	1930	1080	120	41	4	290	4000	115	7	30	98
TD™ Bone-In Wings Buffalo (16 ct)	1280	700	77	13	0.5	625	5020	3	1	1	144
TD™ Bone-In Wings Honey Chipotle (16 ct)	1760	650	72	13	0.5	625	4270	141	1	103	144
TD™ Bone-In Wings House BBQ (16 ct)	1520	680	76	13	0.5	625	5400	64	4	56	146
TD™ Boneless Wings Buffalo (22 ct)	1560	760	84	14	0	205	6080	108	7	1	93
TD™ Boneless Wings Honey Chipotle (22 ct)	2040	710	79	14	0	205	5330	245	7	103	93
TD™ Boneless Wings House BBQ (22 ct)	1800	740	83	14	0	205	6460	169	10	56	95
TD™ Fried Mozzarella (6 ct)	1790	980	109	53	2.5	205	5260	108	10	10	95
TD™ Crispy Style Crispers (12 ct)	2370	1370	153	26	0	280	7960	114	6	3	136
TD™ Honey-Chipotle Crispers (12 ct)	2330	1040	115	20	0	210	8010	226	6	105	103
TD™ Nashville Hot Crispers (12 ct)	2950	2000	222	38	1.5	215	11060	128	5	15	111
TD™ Southwestern Eggrolls (6 ct)	1320	480	53	16	0	80	3850	157	14	14	53
BBQ Sauce House 4 fl oz	200	25	3	0	0	0	2100	43	2	37	2
Bleu Cheese 4 fl oz	650	640	71	13	1	35	700	3	0	2	3
Honey Mustard 4 fl oz	550	440	49	8	0.5	50	890	27	1	25	2
Ranch Dressing 4 fl oz	450	420	47	8	0.5	40	790	5	0	4	3
PP Wings Includes Choice of 2 Sauce & Ranch	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Boneless Wings 32 ct	2170	1030	114	20	0	300	4820	152	9	0	134
Bone-In Wings 32 ct	2440	1290	143	25	1	1250	4500	0	0	0	287
Boneless Wings 48 ct	3260	1540	171	30	0	450	7230	228	13	0	201
Bone-In Wings 48 ct	3660	1940	215	38	1.5	1870	6750	0	0	0	430
Buffalo Sauce 6 fl oz	130	100	11	1.5	0	0	5540	7	2	2	1
Garlic Parmesan Sauce 6 fl oz	510	440	49	9	0.5	10	2620	14	2	4	6
Honey Chipotle Sauce 6 fl oz	550	5	0.5	0	0	0	2020	141	1	103	1
Honey Sriracha 6 fl oz	480	5	0	0	0	0	3110	124	1	101	1
House BBQ Sauce 6 fl oz	300	40	4	0	0	0	3150	64	4	56	3
Mango Habanero Sauce 6 fl oz	230	5	0.5	0	0	0	2360	54	2	45	1
Nashville Hot Sauce 6 fl oz	1160	960	107	18	1.5	5	5070	42	0	13	9
Santa Fe Sauce 6 fl oz	840	800	89	14	0.5	65	2140	10	1	6	2
Sweet Chili Zing Sauce 6 fl oz	470	5	0.5	0	0	0	3730	113	3	102	2
Side Ranch 4 fl oz	450	420	47	8	0.5	40	790	5	0	4	3
PP Crispers-12 ct Listed w/o Dipping Sauce	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Crispy Style Crispers (12 ct)	2370	1370	153	26	0	280	7960	114	6	3	136
Honey-Chipotle Crispers (12 ct)	3190	1380	153	26	0	280	10990	325	8	157	136
Nashville Hot Crispers (12 ct)	4120	2820	313	53	2.5	290	15570	177	6	22	150
PP Crispers - Dipping Sauces	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
BBQ Sauce House 4 fl oz	200	25	3	0	0	0	2100	43	2	37	2
Honey Mustard 4 fl oz	550	440	49	8	0.5	50	890	27	1	25	2
Ranch Dressing 4 fl oz	450	420	47	8	0.5	40	790	5	0	4	3
Bleu Cheese 4 fl oz	650	640	71	13	1	35	700	3	0	2	3
PP Ribs	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Honey Chipotle	6450	3810	423	162	2	1645	8560	282	2	205	391
House BBQ	5960	3870	430	163	2	1645	10830	129	7	112	396
Dry Rub	5820	3850	428	163	2	1645	19440	98	9	76	396
PP Salads & Sandwiches	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
House Salad w/o 8 fl oz Dressing	1090	510	56	22	0	105	2210	106	13	26	46
Avocado Ranch 8 fl oz	740	680	75	13	1	60	1300	15	5	7	6
Bleu Cheese 8 fl oz	1310	1280	142	26	2	75	1400	7	1	4	5
Caesar 8 fl oz	1170	1120	124	22	1	120	1330	11	1	4	9
PP Salads & Sandwiches	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)

Citrus Balsamic Vinaigrette 8 fl oz	1310	1200	134	20	1	0	1240	29	1	25	1
Honey Mustard 8 fl oz	1090	880	98	16	1.5	105	1770	54	1	51	4
Ranch 8 fl oz	910	850	94	17	1.5	85	1570	11	0	8	7
Santa Fe 8 fl oz	1110	1070	119	19	1	85	2850	13	2	8	3
Thousand Island 8 fl oz	1070	930	104	16	0.5	105	1960	34	1	32	3
Quesadilla Explosion Salad	4980	3090	344	102	2	610	6340	274	25	69	213
PP Fajitas Mix & Match/Trio Choose 2 or 3 Proteins	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fajita Peppers & Onions	320	160	17	4	0	0	1500	40	6	19	5
Grilled Chicken (1 choice)	290	60	7	1.5	0	210	1060	2	0	1	55
Grilled Steak (1 choice)	400	160	18	6	0.5	165	1180	5	0	2	54
Seared Shrimp (1 choice)	160	45	5	1	0	300	2020	1	0	1	28
Add Fajita Accompaniments	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Fresh Toppings	1030	730	81	47	0	250	3070	24	3	14	57
Flour Tortillas (12 each)	1070	270	30	14	0	0	1300	173	12	12	28
Corn Tortillas (12 each)	750	70	8	1.5	0	0	5	153	15	3	16
Add Guacamole	200	160	18	2.5	0	0	380	12	9	2	3
Add Cadi	1140	200	22	3	0	5	4760	191	26	10	38
PP Pasta	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Cajun Pasta w/Chicken	2830	1240	139	56	2.5	400	7990	253	17	13	145
PP Sweet Stuff	Cals	Fat Cals	Fat (g)	Sat (g)	Trans (g)	Chol (mg)	Sod (mg)	Carbs (g)	Fiber (g)	Sugar (g)	Prot (g)
Cheesecake	5730	3070	341	183	13	1695	3460	582	11	481	91
Mini Molten-Cakes	4540	1530	170	62	2.5	455	5290	736	2	512	49

Cals...Calories
Fat Cals...Calories from Fat
Sat...Saturated Fat
Trans...Trans Fat
Chol...Cholesterol
Sod...Sodium
Carbs...Carbohydrates
Prot...Protein
(g)...grams
(mg)...milligrams

*** Nutrition analysis for select beverages is based on standardized ice fill.**

The nutritional analysis is comprised of data from an independent testing facility commissioned by Chili's, combined with nutrient data from Chili's suppliers, the United States Department of Agriculture and nutrient database analysis of Chili's recipes using Genesis SQL Nutritional Analysis Program from ESHA Research in Salem, Oregon. The rounding of figures is based on Food and Drug Administration guidelines. Chili's attempts to provide nutritional information regarding its products that is as complete as possible. Some menu items may not be at all restaurants; test products, test recipes, limited time offers, or regional items may not be included. While menu item ingredients information is based on standard product recipes, variations may occur due to ordinary differences inherent in the preparation of menu items, local suppliers, region of the country and season of the year. Additionally, no products are certified as vegetarian. This listing is updated periodically in an attempt to reflect the current status of Chili's products.